



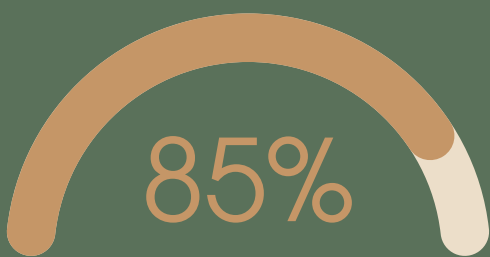
## 2024 YEAR-IN-REVIEW

Mental health conditions are one of the leading underlying causes of pregnancy-related deaths in Missouri and Kansas.

In 2024, Whole Parent Foundation held over 32 support groups, which provided 50 hours of community and connection to nearly 125 Kansas City families. At our in-person groups, we provided free meals, childcare and diapers.

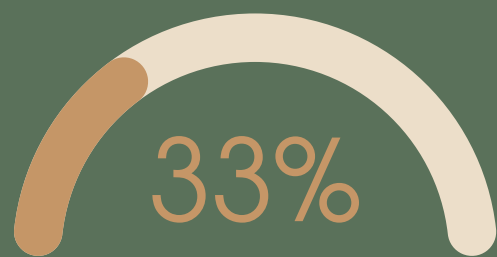
Our goals for 2025 are two-fold: continue our free parent support groups and start our free therapy program for individualized support.

*“We found the Whole Parent Foundation looking for a support group to join as first-time parents. Finding this group has been a godsend. It has helped us build a sense of community and support. Grateful that we have another resource to help us connect and learn as we go on this new journey!”*



### SUPPORT GROUPS

85% of our support groups for next year are already funded! Support groups are offered year-round on nearly every Saturday, providing a much-needed resource for new and expecting parents.



### FREE THERAPY PROGRAM

We're so excited about our NEW Free Therapy Program, which will begin in March of 2025! This program will offer individualized therapy for our participants. This program is 33% funded for 2025!



We are so grateful for your support and generosity in 2024. We believe KC parents deserve more compassionate mental health support throughout their transition into parenthood. It is only with your help that we can do this work!

Thank you!